

April

Day	Date	Poseidon	Neptune	Trident	Atlantis Squad	Additional Inofrmation
Thursday	1	Lockdown				
Friday	2					
Saturday	3					
Sunday	4					
Monday	5					
Tuesday	6					
Wednesday	7					
Thursday	8					
Friday	9					
Saturday	10					
Sunday	11					
Monday	12	6.30-8.00am & 6.00-7.00pm (EC)	4.30-6.00pm (EC)	6.00-7.30pm (EP)		
Tuesday	13	5.00-6.30pm (EC)	6.30-8.00am & 4.00-5.00pm (EC)	4.30-6.00pm (EP)	6.00-7.00pm (EP)	
Wednesday	14	6.30-8.00am & 4.00-5.00pm (EC)	5.00-6.30pm (EC)	6.30-8.00am (EP)		
Thursday	15	5.00-6.30pm (EC)	6.30-8.00am & 4.00-5.00pm (EC)	4.30-6.00pm (EP)	6.00-7.00pm (EP)	
Friday	16	6.30-8.00am & 4.00-5.00pm (EC)	5.00-6.30pm (EC)	5.00-6.30pm		
Saturday	17					
Sunday	18					
Monday	19					
Tuesday	20					
Wednesday	21					
Thursday	22					
Friday	23					
Saturday	24					
Sunday	25					
Monday	26					
Tuesday	27					
Wednesday	28					
Thursday	29					
Friday	30					