September

Day	Date	Poseidon	Neptune	Trident	Trident junior	Additional Inofrmation		
Monday	31st	Bank Holiday - Off						
Tuesday	1	6-8am & 3.30-5.30pm (EC)	6-8am (EP) & 4.30-6pm (EP)	5.30-7pm (EC)				
Wednesday	2	6-8am (EC)	5-7pm (EC)	6-8am (EP) & 3.30-5pm (EC)				
Thursday	3	6-8am & 2-4pm (EC)	6-8am (EP) & 4.00-5.30pm (EC)	off				
Friday	4	6-8am (EC)	5-6.30pm (EC)	6.30-8am (EP) & 3.30-5pm (EC)				
Saturday	5	Off	Off	Off	Off			
Sunday	6					Ellesmere College Returns		
Monday	7							
Tuesday	8							
Wednesday	9							
Thursday	10							
Friday	11							
Saturday	12	Normal AM Training & O	pen Water Charity Event	Open Water Charity Event				
Sunday	13							
Monday	14							
Tuesday	15							
Wednesday	16							
Thursday	17							
Friday	18							
Saturday	19							
Sunday	20							
Monday	21							
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Saturday	26							
Sunday	27							
Monday	28							
Tuesday	29							
Wednesday	30							

September

Day	Date	Alan	Danny	Amanda
Monday	31st	off	off	off
Tuesday	1	PS / TS Afternoon	NS	TS
Wednesday	2	PS	TS morning / NS	TS
Thursday	3	PS	NS	
Friday	4	PS	NS / TS Afternoon	TS
Saturday	5	Off	Off	Off
Sunday	6			
Monday	7			
Tuesday	8			
Wednesday	9			
Thursday	10			
Friday	11			
Saturday	12			
Sunday	13			
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Monday	28			
Tuesday	29			
Wednesday	30			