



Titans Midlands Long Course Winter Meet 2017

TITANS SHOWING EARLY FORM AT NATIONAL QUALIFIER

Titans show early season performance

by Titans Press (with special thanks to Amanda Smail and Julian Rosser-Barnett)

On the weekend of 4th/5th November the Ellesmere College Titans travelled to the Harvey Hadden Centre, Nottingham to compete in the Midlands Long Course Winter meet. The National, Age Performance and Elite Sprint squads were all represented at this national qualifying event.

All squads posted some fantastic results with the Titans winning 27 of the 64 available trophies, taking 11 senior titles and 16 junior titles (15 and under) as well as a total of 53 medals.

Titans Director of Swimming Alan Bircher clearly pleased with the team's performance stated :

"Being used to starting with a short course season until December and now switching back to a long course

season because of the commonwealth trials has been strange but the swimmers showed some excellent early season form. Fitness is at a really good level and with the skills on show everything is pointing in the right direction in a really positive manner."



Titans boys take 16 titles

Charlie Hutchison (15) won two open titles in the 200m butterfly (2:06.14) and the 400m individual medley (4:27.32) and five junior titles in the 400m freestyle (4:05.09), 400m individual medley (4:27.32), 200m butterfly (2:06.14), 200m individual medley (2:08.30) and 200m breaststroke (2:27.52). Charlie also won an open silver in the 200m individual medley (2:09.13), two open bronzes in 200m breaststroke (2:27.52) and 400m freestyle (4:04.97) and junior silver in the 200m freestyle (1:57.62). An unbelievable 7 titles, 2 silvers and 2 bronzes in all.

Jacob Jackson (19) won two open titles in 200m individual medley (2:07.44) and 100m butterfly (55.54) plus an open silver in 50m butterfly (25.41).

Joseph Small (17) won an open title in 50m backstroke (26.86) and two

open silvers in 100m and 200m backstroke in (57.74) and (2:12.13) respectively.

Jack Shillingshaw (18) won an open title in 200m backstroke (2:08.11) and open silver in 50m backstroke (27.49).

Adam Metcalf (16) won an open title in 100m freestyle (52.86).

Kyo Tanner (15) won two junior titles in the 50m and 100m freestyle in (24.89) and (54.16) respectively.

Huw Hillson (15) won one junior title in 50m backstroke (29.29).

Billy Wotton (14) won one junior title in 100m breaststroke (1:09.67) and one junior silver in 200m breaststroke (2:30.97).

Ned Sharp (14) won junior silver in 50m butterfly (26.56) and junior bronze in 50m freestyle (25.21).

Joel Thompson (16) won open bronze in the 200 individual medley (2:09.35).

Chris Hooper swimming in the boys 15 year old category made two open finals. In the 50m backstroke Chris made the final (28.88) where he finished in 8th place. He set a new best time in the 100m backstroke (1:01:51) final finishing 7th. Chris also finished 25th

in 50m free (25.36) and 61st in the 50m fly (28.35).

Alex Rees (15) swam a new best time of (28.19) in the 50m butterfly to finish 8th in his age group and 55th overall.

Stephen Taylor (16) swam a new best time in the 50m breaststroke of (32.66) to finish 22nd overall and finished 21st in the 200m breaststroke in 2:37.40.

Joseph Niven (16) swimming in the 50m fly swam a new best time of (28.16) to finish 54th overall and he also finished 57th in the 100m butterfly in (1:03.61).

Also swimming for the Titans boys was **George Smith** in the 100m breaststroke and **Alex Rosser-Barnett** in the 400m individual medley.

"Swimming Long Course at this early stage of the season was a tough but valuable lesson to learn for the Age Performance swimmers. The meet helped highlight to the swimmers what hard work has been done and how much hard work still needs to be done over the coming weeks leading into the December meets."

It was great to see all that the new members of the squad have bedded down and are fitting into the Titan's ethos and I am very much looking forward to the rest of the winter meets."

MARC FOSTER
HEAD OF AGE PERFORMANCE

Titans girls bring home 11 titles

Angharad Evans (14) won two open titles in the 50m (32.64) and 200m (2:37.42) breaststroke plus an open silver in the 100m breaststroke (1:11.27). She also claimed three junior titles in the 50m (32.44), 100m (1:10.89) and 200m (2:37.42) breaststroke.

Pia Murray (15) won the open title in 100m butterfly (1:01.61) and two junior titles in 100m and 200m (2:19.72) butterfly plus open silver in 50m butterfly (28.02), open bronze in 200m butterfly and junior silver in 50m butterfly.

Cassie Wild (17) won the open gold in 50m backstroke (29.49) and open silver in 200m backstroke (2:18.77).

Anna Smail (15) won two junior titles in the 200m freestyle (2:08.05) and 200m backstroke (2:20.22) plus open bronze in 200m backstroke and junior silver in 400m freestyle (4:27.29).

Maia Hall (15) won two open silver in 200m breaststroke (2:38.36) and 50m breaststroke (33.87) and three junior silver in 50m, 100m and 200m breaststroke.

Phoebe Griffiths (17) won two open silver in the 800m freestyle (8:58.95) and 400m freestyle (4:21.70).

Jessica McDonough made the open age group final in the 400m individual medley finishing 7th and 4th in age group. Jessica also competed in the 400m and 800m freestyle, 100m butterfly,

200m backstroke and 200m individual medley.

Sophie Negrine had a busy weekend swimming in seven events, 400m freestyle, 200m individual medley, 200m

backstroke, 100m and 200m freestyle, 50m freestyle and 400m individual medley.

Also competing was **Abagael Walmsley** who swam in the 50m

and 100m butterfly, **Eleanor Bainbridge** in the 100m and 200m butterfly and **Hannah Shakeshaft** in the 100m and 200m backstroke.

Another great job by Team Titans! In the final analysis Alan Bircher reflected on the team's performance stating :

"Swimming in the Midlands against some big teams like Loughborough University, Northampton, Derwentio and City of Derby showed that winning the medal table by such a margin is becoming the norm within the Titans ranks."

