

Leeds National Qualifier Meet 2017

Friday 14th, Saturday 15th and Sunday 16th April 2017

Titans Age Performance Squad Report

The Ellesmere College Titans Age Performance squad travelled to the Aquatics Centre, John Charles Centre for Sport, Leeds, for three days of competition.

Friday evening swimmers competed in the 800m and 1500m Freestyle events, while Saturday and Sunday was split into heats in the morning with open age group finals in the 50m and 400m events and age group finals in all other events in the afternoon, with medals for the first three places accordingly.

Even though challenging, this gave swimmers a greater opportunity to achieve personal best times and ultimately increase their ranking position for the British Summer National Swimming Championship.

Over three days of competition the nine swimmers won 18 medals, 8 gold, 6 silver and 4 bronze with 27 personal best times achieved.

GOLD

Jessica McDonough 14 years old

Jess swam the 800m freestyle on Friday evening finishing first not only in her age group but also first in the open age group with a time of 9.18.65. She won two further golds in 200m butterfly and 200m backstroke age group finals, with a personal best of 2.25.39 in the backstroke final.

In the heat of the 200m IM she set a personal best time of 2.27.90 to qualify for the age group final where she came second to win the silver medal.

In the 400m IM Jessica set a personal best time of 5.12.54 to finish third in the open age group and won the bronze medal.

Gerda Vasiliauskaite 13 years old

Gerda won gold in both the 100m and 200m backstroke age group finals and set a personal best time of 33.25 in the 50m backstroke heat to make the open age group final.

Gerda also set a personal best time of 1.02.91 in the heat of the 100m freestyle and won bronze in the age group final.

Further personal best times were set in the 200m and 400m IM's, 2.32.56 and 5.23.48 respectively knocking nearly two seconds off each event.

Benjamin Holland 13 years old

Ben won gold in the 200m freestyle age group final setting a personal best time in the heat and another in the final, 2.12.38.

Ben swam the 1500m freestyle on Friday evening finishing 9th in the open age group, but finished second in his age group gaining a silver medal.

He also won silver in the 200m Fly age group final and came 5th in the 200m IM age group final.

Ben set further personal best times in the 100m butterfly 1:08.21, 200m IM 2:32.43 and 400m IM 5:12.91

Alexander Rosser-Barnett 13 years old

Alex won gold in the 200m breaststroke age group final with a personal best time of 2.42.39 knocking nearly two seconds off the personal best he set in the heat.

He also made the 100m breaststroke and 200m IM age group finals, winning silver in the breaststroke.

He made the 400m IM open age group final with personal best time of 5.03.84 in the heats, finishing 8th in the final, but first in his age group.

The 400m freestyle was swam as an open event, but Alex finished first in his age group.

Kyo Tanner 15 years and over

Kyo swam six events over Saturday and Sunday and won gold in the 100m freestyle, silver in 50m freestyle and made the finals of the 200m IM finishing 4th, 200m freestyle finishing 5th and 50m butterfly finishing 5th after setting a personal best time of 27.88 in the heat.

SILVER

Hannah Shakeshaft 14 years old

Hannah swam three events on Saturday earning a silver medal in 200m backstroke age group final with a personal best time of 2.27.06. Bronze in the 200m freestyle age group final with a personal best time of 2.12.16 and finished 5th in the 50m backstroke open age group final.

Unfortunately Hannah was unable to compete on Sunday due to an injury during warmup.

Bronze

Lola Oke 12 years old

Lola swam the 800m freestyle on Friday evening setting a personal best time of 10.07.54, knocking nearly six seconds off her previous time, and won bronze in the event.

Lola also made three age group finals in 100m breaststroke, 200m butterfly and 200m IM, setting a personal best time in both the heat and final of the breaststroke 1.28.60 and the heat of the 200m IM 2.40.19.

Top ten finishers and personal best times

Huw Hillson 15 years and over

Huw swam six events over Saturday and Sunday and made three age group finals in 200m breaststroke, 50m backstroke and 100m backstroke, with a 4th place in the 100m backstroke.

Eleanor Bainbridge 13 years old

Eleanor made three age group finals in 100m and 200m freestyle and 100m butterfly, setting a personal best time of 1.03.56 in the heat of the 100m freestyle.

Imogen Rhodes 14 years old

Imogen swam six events over Saturday and Sunday and made three age group finals, 200m freestyle, 100m and 200m backstroke and set a personal best time of 5.55.64 in the 400m IM.

Rosie Holland 15 years and over

Rosie swam seven events over the three days of competition making two age group finals, with a 4th place in the 200m IM and 5th in the 200m backstroke.